



BRITSAFE LEVEL 1

AWARD IN BASIC FIRST AID AWARENESS

116/5337/1

Introduction:

The Britsafe Level 1 Award in Basic First Aid Awareness provides a foundational understanding of life-saving principles tailored for non-clinical personnel across diverse sectors. This qualification is specifically designed to equip participants with the knowledge required to recognize medical emergencies, initiate safe and effective first-response actions, and support casualty welfare until qualified help arrives. Aligned with best-practice guidelines in emergency preparedness and workplace duty-of-care expectations, the course addresses critical concepts such as assessing responsiveness, basic airway management, and the appropriate use of emergency communication protocols. It is ideally suited for new employees, support staff, lone workers, and individuals in low-risk roles who require first-aid awareness training as part of induction or workplace safety compliance. Completion of this course demonstrates baseline competency in first-response awareness and reinforces a culture of immediate action and health vigilance in emergency scenarios.

Qualification Regulation and Support:

The Britsafe Level 1 Award in Basic First Aid Awareness is a proprietary qualification developed and maintained by Britsafe™ Qualifications UK Limited. It is designed in accordance with internal qualification standards and industry-aligned practices. This course is independently quality assured and supported exclusively through Britsafe's own training and compliance framework. All learning outcomes are validated by Britsafe's designated awarding and certification body.

Key facts:

Qualification Number:	116/5337/1
Minimum Contact Hours:	4
Guided Learning Hours:	4
Credit Value:	1
Credential Status:	Award
Assessment Method:	Multiple-choice examination



Qualification Overview and Objective:

The Britsafe Level 1 Award in Basic First Aid Awareness is designed for individuals seeking foundational knowledge in basic first aid. Participants acquire fundamental skills related to recognizing common injuries and emergencies, basic first aid techniques, and when to seek professional medical assistance. This qualification ensures basic awareness and readiness to provide initial first aid measures.

The objective of the qualification is to:

- Understand basic first aid principles and practices.
- Identify common injuries and medical emergencies.
- Learn basic first aid techniques and procedures.
- Gain knowledge of when and how to seek professional medical assistance.
- Demonstrate awareness of essential first aid measures.

Entry Requirements:

To register for this qualification, learners are required to meet the following entry requirements:

- Must be aged 16 and over
- Participants should have a basic understanding of the English language to effectively engage with course materials and assessments.
- This course is open to individuals of all backgrounds and experience levels who have an interest in workplace health and safety.

Geographical Coverage:

This qualification is suitable for delivery in England, Northern Ireland, Wales and can be offered internationally.

Delivery/Assessment Ratios:

To effectively deliver this qualification, centres are recommended not to exceed the ratio of 1 Qualified Tutor to 12 Learners in any one instance. If centres wish to increase the recommended ratio, they must first inform your dedicated Britsafe™ accounts manager before doing so.

Centre Requirements:

To effectively deliver this qualification, centres should have the following resources in place:

- Classroom with suitable seating and desks; and
- High-quality teaching and learning resources.

Guidance on Delivery:

The total qualification time (TQT) for this qualification is 4-hours and of this 4-hours is recommended as guided learning (GL). TQT is an estimate of the total number of hours it would take an average learner to achieve and demonstrate the necessary level of attainment to be awarded with a qualification, both under direct supervision (forming Guided Learning Hours) and without supervision (all other time). TQT and GLH values are advisory and assigned to a qualification as guidance.



Guidance on Assessment:

This qualification is assessed through a multiple-choice question exam.

- Centre's must take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.
- Centres must follow Britsafe™ Examination and Invigilation Procedures. Completed examination papers are to be returned to Britsafe™ for marking or If in case of online examination; records shall be updated on EMS portal accordingly.

Guidance on Quality Assurance:

Britsafe™ requires centres to have in place a robust mechanism for internal quality assurance. Britsafe™ will support centres by conducting ongoing engagements to ensure and verify the effective and efficient delivery, quality assurance and invigilation of the qualification.

Tutor Requirements:

Britsafe™ recommends nominated tutors for this qualification meet the following requirements:

- A relevant health and safety qualification at Level 3 or higher,
- Membership of a professional body (e.g., IOSH, IIRSM) is desirable.
- Hold a relevant subject area qualification/or be occupationally competent.
- Hold a recognized teaching/training qualification (or suitable equivalent).
- Level 3 Award in Education and Training (AET) or Train The Trainer.





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